

TABLE TALK: Try inexpensive pita sandwiches at falafel stand

FROM PAGE 14

FALAFEL-ICOUS

The region's first honest-to-goodness falafel stand has opened in Manitou Springs, taking a spot under the new lofts at 906 Manitou Ave. that was previously occupied by Wellspring, a coffee joint.

The Heart of Jerusalem Cafe has only outdoor seating and a menu stuffed with affordable pita sandwiches.

We tried the Heart of Jerusalem Sandwich, the most expensive offering at \$4.99. It's a grilled pita loaded with tasty

chunks of beef and chicken marinated in subtle Mediterranean spices along with lettuce, tomato and onion.

It's basically a super "shawarma," a Middle Eastern sandwich.

You also can get a delicious falafel sandwich for only \$3.99 and other shawarma variations for less than \$5.

CONTACT US: Send tips about restaurant openings, closings, menu changes and food specials to teresa.farney@gazette.com or call 636-0271. Do you own or manage a restaurant? Send us your e-mail address so we can keep in touch.

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